



The Farm at Miller's Crossing
81 Roxbury Road Hudson, NY 12534
Phone/Fax 518.851.2331
Week of October 6th 2008 farmatmillerscrossing.com



Cousins Pulling up the harvest

From the farmers...

As a farmer, I have become addicted to the weather forecast. When we first started farming in the 90's and even up to two years ago, we had a little radio which 24 hours a days cycles through the regional forecasts. Sometime after 2000 the national weather service turned the voice from a real human being into a computer generated one. So everyday, about three times a day, I would huddle over my radio and wait for the cycle to complete so I could have the latest info on what Mother Nature had in store for us.

Today we have DSL for our computer internet connection. Instead of straining to understand a computer generated voice at 6 am, I have the national weather service's 7-day forecast on our bookmarks, and with a click of the mouse I can have a detailed visual and text description of the weather. Computers really have made many little things in our life easier. Instead of having to jump into my car and race to the convenience store everyday in order to read the latest news, I can click on the next bookmark after the weather forecast, and read the latest breaking news. When I leave the house at 7 am to head out to work, I am a fully informed and satisfied person!

This week's weather forecast looks as though we will get our first frost of the season. We really do not have many frost sensitive crops left out there in the field, mainly eggplant and green beans. We will attempt to protect the green beans with a floating row cover, and hopefully be able to have beans for another couple of weeks. We will distribute the last eggplant of the season this week.

What often happens is after the first real killing frost, there are a couple of weeks of pleasant and mild weather. Technically this post frost time of mild weather is known as an

Indian Summer. If we are in fact able to protect our green beans through these first frosts, you will see green beans in the coming weeks. If not, well then there will still be lots of other veggies, just not beans.

From here on out, our main tasks on the farm are harvest and clean-up. There are still lots of potatoes, carrots, sweet potatoes, beets, celeriac, radishes, and turnips still in the ground, and many greens such as kale, lettuce, collards, bok choy, and arugula, just to name a few. We will certainly finish the year strong as far variety and quantity for the shares. If you fall behind on eating all of your root crops and winter squash, just refer to the storage recommendation sheet which was provided a couple of weeks ago in our newsletter. If you cannot find this info, check out the archived newsletters on our web site at farmatmillerscrossing.com.

The trees are almost in full color here which makes our surroundings out in the fields a cascade of color. The coming frost will only make these colors even better. The comfortable temperatures for working along with the satisfaction of the heavy harvest always make this time of year special for farmers.

According to the latest weather forecast, we should even have a little Indian Summer in the coming weeks, which will greatly improve our working conditions out in the fields. Enjoy the vegetables and the beautiful fall colors while they are here.

Sincerely, Chris

BULK SALE

**Saturday November 1st
10am-2 pm**

**Come and stock up for the winter,
store your veggies here in our cooler,
and eat local all season long!!!!**